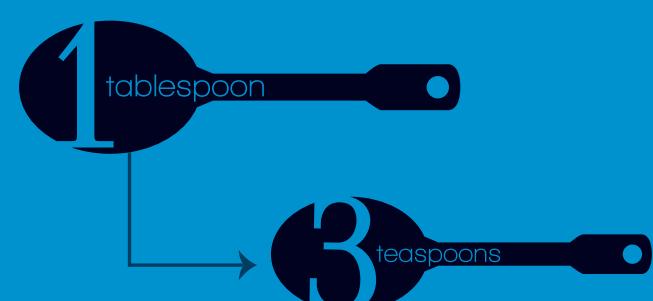
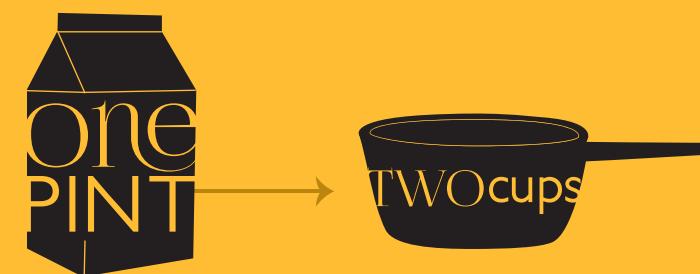
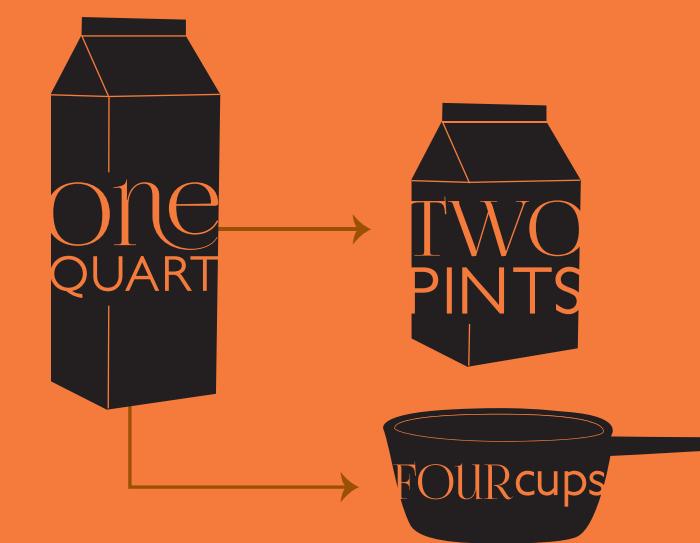


Recipe MEASUREMENT

CONVERTER & EQUIVALENTS

eTUNDRA.com
RESTAURANT SUPPLY



1 cup	16 tablespoons
	48 teaspoons
$\frac{1}{3} \text{ cup}$	$5 \text{ tablespoons} + 1 \text{ teaspoon}$
$\frac{2}{3} \text{ cup}$	$10 \text{ tablespoons} + 2 \text{ teaspoons}$
$\frac{1}{16} \text{ cup}$	$1 \text{ tablespoon} + 3 \text{ teaspoons}$
$\frac{1}{8} \text{ cup}$	$2 \text{ tablespoons} + 6 \text{ teaspoons}$
$\frac{1}{4} \text{ cup}$	$4 \text{ tablespoons} + 12 \text{ teaspoons}$
$\frac{3}{8} \text{ cup}$	$6 \text{ tablespoons} + 12 \text{ teaspoons}$
$\frac{1}{2} \text{ cup}$	$8 \text{ tablespoons} + 12 \text{ teaspoons}$
$\frac{3}{4} \text{ cup}$	$12 \text{ tablespoons} + 12 \text{ teaspoons}$